

Center for Grieving Children

March and April 2017

CGC offers peer support for youth, ages 3-18, and their families who have experienced the death of a loved one.

March

		TUESDAY			
		14			
		28			



Family Night

We have an active TEEN group,
a busy MIDDLES group,
a group for 8 -10 year olds, one for 6 and 7 year olds
and LITTLES too.
Also groups for the adults who care for these kids and youth.

We begin with therapy dogs to greet you before sitting down to a warm meal with your family and our CGC volunteers here at the Boys & Girls Club.

Next, join your small group, designed for your age, or adults, with activities and discussion about your loss. Finally, gym time, then closing circle.

	TUESDAY			
	11			
	25			

April

For new participants...
The only requirement to attend is an orientation session with the Director.

ldamerow@bgclubfoxvalley.org

920-750-5839



Hope is the thing with feathers that perches in the soul.
And sings the tune with out words, and never stops at all.

—Emily Dickinson

So often we don't know the words to the song of life that is playing in our hearts. It just plays...Grief, like hope, just keeps rolling along. The feelings come and they go. Some feelings and thoughts are comfortable and some are not, and yet they are all a part of who we are. Everyone who comes to the Center has experienced the death of someone they care about. There are times when you really miss that person or you wonder why it happened or wish things could have been different. Sometimes you even feel bad about yourself because it happened. At the Center, we want to make a place for you to think and feel about your loss and what it means to you. Every person is unique.

Loris Damerow, Director
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www.cgcfvalley.org

The Center for Grieving Children at BGCFV

Provides peers support for children/teens, ages 3-18, and the adults who care for them, who are grieving the death of someone they care about. Our bi-monthly support groups include members who are grieving a death from suicide.

There are specialized support groups also available
- See listings below -

Prevent Suicide Fox Cities Support Group We are a support group of people who just like you lost someone they loved to suicide. When you are ready and able to talk about it, we are here to listen and offer the support you need at this time of your loss. mail@preventsuicidefoxcities.org

Meets on the FIRST Thursday of each month. 6:00 to 8:00 p.m. 211 E. Franklin St., Appleton

Alternatives to Suicide is a peer support practice for voicing, sitting with, understanding, and moving through suicidal thoughts. We are responsible for being open-minded, honest, and present with one another, but cannot be responsible for one another's choices or actions. The group meets at **Iris Place**, 1213 S Matthias St, Appleton, the 2nd and 4th Thursday of every month from 6-7:30pm. Anyone is welcome.

Survivors of Suicide (SOS) Support Groups are for those who affected by a death by suicide.

Support group mission:

To talk openly and honestly about suicide

To provide understanding and acceptance for those whose lives have been touched by suicide

To try to prevent future suicides through education

Appleton SOS

2nd Monday of the month, 6:30-8:00 pm
Contact Barb at 920-475-4748

Appleton Teen Group (ages 14 – 24)

3rd Monday of the month, 6:30-8:00 pm
Contact Barb at 920-475-4748

Community for Hope of Greater Oshkosh sponsored support groups:

Oshkosh SOSL

3rd Thursday of the month
Community For Hope *New office location
Mercy-Oakwood Center
2700 W. 9th Avenue, Suite 100
Oshkosh, 54904

Neenah SOSL

2nd Thursday of the month, 6:30 – 8:30 pm
First Presbyterian Church
200 Church St., Neenah
(enter through the doors on W. Doty St.)



Youth and Family Counseling at the Boys & Girls Club Fox Valley
Professional counseling available at the Boys & Girls Clubs of the
Fox Valley, offered at no cost, confidential