



# Center for Grieving Children

## January / February 2019

CGC offers peer support programs for children and youth who have experienced the death of some one they love.

### Family Night Peer Grief Support Program

6 - 8 pm

At the Boys & Girls Clubs of  
the Fox Valley

ON THE SECOND AND FORTH  
TUESDAY OF EVERY MONTH

January	
MONDAY	TUESDAY
7	<b>8</b>
14	
21	<b>22</b>
28	

### Family Night

begins with therapy dogs to greet you before sitting down to a meal here at the BGClub. Join your small group for kid activities, stories and conversation about you and your loved one. Adults have groups of their own. Gym and closing ceremony.

### February

MONDAY	TUESDAY
4	
11	<b>12</b>
18	
25	<b>26</b>

### New participants -

The only requirement to attend is an orientation session with the Director.  
Loris Damerow, 920-750-5839



Almost 20 families participated in our CGC *Grieving Through the Holidays* event on December 11th. Kids made care packages for Harbor House and went home with memorial tree decorations, freshly dressed stuffed animals, and a family activity book. Here we are during our paper snow ball fight. Getting through the holidays can be tough when you are missing someone you care about but it is easier when you know you are not alone.





160 S. Badger Ave  
Appleton, WI 54914  
Phone: 920-750-5839  
ldamerow@bgclubfoxvalley.org



## Joy Conference 2019

Saturday, February 2, 2019

Fox Valley Lutheran High School  
5300 North Meade Street  
Appleton, WI 54913

8:00 am - 2:15 pm

\$40 per person includes lunch

Call: 920-832-4763 to register  
or online at  
[www.outagamie.uwex.edu/family-living/  
joy-conference-2019/](http://www.outagamie.uwex.edu/family-living/joy-conference-2019/)

**Gaye Lindfors** will help us discover the power of changing perspective, pushing the reset button, and celebrating "This is livin'!" moments.

<https://gayelindfors.com/>

**Annie Meehan** is a speaker, author and a life coach from Minneapolis, MN, she is a powerful motivational speaker with heart and determination that calls audiences to action.

<https://www.anniemeehan.com/>

**Lannelle Vasichek** will help shine a light on the little things that make life so full of good. Positive and uplifting, Lanelle inspires us to celebrate the "Best Day Ever," every day.

<http://www.yourbestdayever.com/>

Pre-registration is required, no walk-ins. The conference will be held regardless of weather. We reserve the right to cancel due to lack of enrollment. Refunds will not be made after January 18, 2019. You may transfer registrations.

Registration deadline is  
Thursday, January 24, 2019



## Communication Essentials for Parents & Caregivers

JANUARY 3, 2019  
6:30 - 8 PM

**Boys & Girls Club of Menasha**  
600 Racine Street, Menasha

Life can be stressful... There is a lot going on... Family is key. Let's talk about how we can reduce stress through effective communication within our world.

This fun, inspiring and interactive workshop presents tools, principles and applications for effective communication at all levels. Learn about timing, empathy, clarity, tone and body language.

Limited childcare available with pre-registration at [bgclubfoxvalley.org](http://bgclubfoxvalley.org)  
FOR QUESTIONS PLEASE CONTACT  
KATIE HICKEY AT (920) 750-5834

