CGC offers peer support programs for children and youth who have experienced the death of someone they love.

**Family Night**

**Peer Grief Support Program**

6 - 8 pm
At the Boys & Girls Clubs of the Fox Valley

ON THE SECOND AND FORTH TUESDAY OF EVERY MONTH

**January**

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**Family Night**

begins with therapy dogs to greet you before sitting down to a meal here at the BGClub. Join your small group for kid activities, stories and conversation about you and your loved one. Adults have groups of their own. Gym and closing ceremony.

**February**

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**New participants**

The only requirement to attend is an orientation session with the Director.
Loris Damerow, 920-750-5839

Almost 20 families participated in our CGC Grieving Through the Holidays event on December 11th. Kids made care packages for Harbor House and went home with memorial tree decorations, freshly dressed stuffed animals, and a family activity book. Here we are during our paper snowball fight. Getting through the holidays can be tough when you are missing someone you care about but it is easier when you know you are not alone.
Joy Conference 2019
Saturday, February 2, 2019
Fox Valley Lutheran High School
5300 North Meade Street
Appleton, WI 54913
8:00 am - 2:15 pm
$40 per person includes lunch
Call: 920-832-4763 to register
or online at
www.outagamie.uwex.edu/family-living/
joy-conference-2019/

Gaye Lindfors will help us discover the power of changing perspective, pushing the reset button, and celebrating “This is livin!’” moments.
https://gayelindfors.com/

Annie Meehan is a speaker, author and a life coach from Minneapolis, MN, she is a powerful motivational speaker with heart and determination that calls audiences to action.
https://www.anniemeehan.com/

Lannelle Vasichek will help shine a light on the little things that make life so full of good. Positive and uplifting, Lanelle inspires us to celebrate the “Best Day Ever,” every day.
http://www.yourbestdayever.com/

Pre-registration is required, no walk-ins. The conference will be held regardless of weather. We reserve the right to cancel due to lack of enrollment. Refunds will not be made after January 18, 2019. You may transfer registrations.
Registration deadline is Thursday, January 24, 2019

Communication Essentials for Parents & Caregivers
JANUARY 3, 2019
6:30 - 8 PM
Boys & Girls Club of Menasha
600 Racine Street, Menasha

Life can be stressful... There is a lot going on... Family is key. Let’s talk about how we can reduce stress through effective communication within our world.
This fun, inspiring and interactive workshop presents tools, principles and applications for effective communication at all levels. Learn about timing, empathy, clarity, tone and body language.

Limited childcare available with pre-registration at bgclubfoxvalley.org
FOR QUESTIONS PLEASE CONTACT KATIE HICKEY AT (920) 750-5834