

TRAUMA **informed**

TI Intensive Schedule

*Facilitated by Boys & Girls Clubs of the Fox Valley
in partnership with Boys & Girls Clubs of America*

This training is designed for Clubs ready to expand knowledge, hone skills, and integrate trauma-informed practices into every domain of their organization.

This experience will provide ample opportunities to share with and learn from other Clubs, practice applying trauma-informed skills, develop action plans, and more.

Day One Tuesday, November 7, 2023 9:00 AM – 5:30 PM		
9:00 AM – 10:00 AM	Welcome & Opening	Greg Lemke-Rochon Chief Executive Officer Carlyn Andrew Chief Cultural Officer Rachel Schroeder Senior Director of Youth Development Services
10:00 AM – 10:35 AM	Trauma-Informed Club Overview Participants will be able to... <ul style="list-style-type: none">- Demonstrate understanding of the seven elements, universal approach, parallel process, and phases of becoming a trauma-informed Club.- Articulate how trauma-informed practices align with diversity, equity, and inclusion, safety, and quality assurance.	Carlyn Andrew Chief Cultural Officer
10:45 AM – 12:00 PM	Knowledge Deepening	Carlyn Andrew

	<p>Participants will be able to...</p> <ul style="list-style-type: none"> - Show awareness of the current state of youth mental health in the United States. - Identify and differentiate the types of stress. - Describe the escalation cycle and effective response strategies for each stage. - Increase their understanding of the brain-body functions associated with trauma and social-emotional development. 	Chief Cultural Officer
12:00 PM – 12:30 PM	<p>What is Working & What is Not?</p> <p>Participants will join small groups formed around organizational roles and functions to discuss the application of the seven elements of becoming a trauma informed Club in their position (e.g., CEOs, Operations, Club Directors, Social-Emotional Leads, etc.).</p>	Multiple
<p>LUNCH PROVIDED <i>Optional staff-led Club tours available.</i></p>		
1:30 PM – 2:45 PM	<p>We are all learning.</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> - Describe practices that help promote a culture of learning. - Identify solutions for sustaining a training infrastructure. - Articulate practices for hosting and delivering training on each element of becoming a trauma-informed Club. - Gain familiarity with trauma-informed professional development options. 	<p>Carlyn Andrew Chief Cultural Officer</p> <p>Marci Lessor Training Coordinator</p>
3:00 PM – 4:30 PM	Current condition is not the rule.	Rachel Schroeder

	<p>Participants will be able to...</p> <ul style="list-style-type: none"> - Recognize the value of a “Yes, and...” approach to CQI. - Recognize the importance of thoughtful data collection and data driven dialogue. - Link CQI practices to the seven elements of becoming a trauma-informed Club. - Understand how to build CQI into existing organizational structure. - Identify an improvement opportunity at their own Club and create an action plan. 	<p>Senior Director of Youth Development Services Marissa Burbach Director of Continuous Improvement</p>
4:30 PM – 5:00 PM	<p>What is Working & What is Not? Participants will join small groups formed around organizational roles and functions to discuss the application of the seven elements of becoming a trauma informed Club in their position (e.g., CEOs, Operations, Club Directors, Social-Emotional Leads, etc.).</p>	Multiple
5:00 PM – 5:30 PM	Closing	Carlyn Andrew Chief Cultural Officer

<p align="center">Day Two Wednesday, November 8, 2023 9:00 AM – 5:30 PM</p>		
9:00 AM – 9:15 AM	Opening	
9:15 AM – 10:45 AM	<p>Optimal Staff Experience</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> - Share practices and strategies with other Clubs. - Learn BGCA's trauma-informed supervision toolkit. 	<p>Bev Grabow Human Resources Director Kayla McNamara Senior Director of Diversity & Targeted Programs Rachel Schroeder Senior Director of Youth Development Services</p>

	<ul style="list-style-type: none"> - Understand how Optimal Club Experience and Optimal Staff Experience are linked. - Create a trauma-informed supervision plan. 	
11:00 AM – 12:30 PM	<p>Universal Approach</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> - Differentiate Tier 1, 2, 3 supports. - Recognize the need and understand strategies for Tier 1 supports. - Connect Tier 1 supports to trauma-informed elements. 	<p>Rachel Schroeder Senior Director of Youth Development Services</p> <p>Josh McQuillan Menasha Branch Director</p> <p>Kayla Liesch Appleton Branch Director</p>
<p>LUNCH PROVIDED</p> <p><i>Optional staff-led Sensory Room experience available.</i></p>		
1:00 PM – 3:15 PM	<p>Behavior communicates needs.</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> - Identify ways to recognize youth and family needs and provide additional support and resources. - Use strength-based language in Club settings. - Improve practices related to suicide risk assessment and child protective services reports. - Adopt resources and tools that promote positive youth behavior. 	<p>Taylor Berken Behavioral Support Services Director</p> <p>Josh McQuillan Menasha Branch Director</p> <p>Kayla Liesch Appleton Branch Director</p>
3:30 PM – 5:15 PM	<p>Build solutions.</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> - Understand needs and strategies for Tier 3 intensive interventions. - Articulate the difference between Tier 2 & Tier 3. 	<p>Carlyn Andrew Chief Cultural Officer</p> <p>Kayla McNamara Senior Director of Diversity & Targeted Programs</p>

	<ul style="list-style-type: none"> - Identify practices that increase organizational trust and credibility. - Adopt proven practices for sustaining effective partnerships. 	
5:00 PM – 5:30 PM	Closing	Carlyn Andrew Chief Cultural Officer

Day Three
Thursday, November 9, 2023
9:00 AM – 4:30 PM

9:00 AM – 9:15 AM	Opening	
9:15 AM – 11:45 AM	<p>Stories of hope.</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> - Identify what is and what is not strength-based messaging. - Think differently and intentionally about word choice. - Convert language into strength-based messaging. <p>Improve strength-based messaging skills</p>	<p>Greg Lemke-Rochon Chief Executive Officer</p> <p>Melissa Wurzer Director of Marketing & Communications</p>
12:00 PM – 12:30 PM	<p>Honing and Embedding the Trauma-Informed Lens</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> - Align key concepts from all sessions with consideration to proactive adoption and utilization of the Trauma-Informed lens. - Gain familiarity with BGCA Trauma-Informed Standards. 	Carlyn Andrew Chief Cultural Officer

LUNCH PROVIDED
Optional staff-led Sensory Room experience available.

1:15 PM – 2:15 PM	What is Squared Up? What is Circling? Participants will re-join small groups from Day 1 formed around organizational roles and functions to discuss the application of the seven elements of becoming a trauma informed Club in their position (e.g., CEOs, Operations, Club Directors, Social-Emotional Leads, etc.).	Multiple
2:30 PM – 3:30 PM	Organizational Reflection & Application Planning Teams will determine next steps that support ongoing learning and the integration and implementation of the seven elements of a trauma-informed Club.	Multiple
3:30 PM – 4:30 PM	Closing Organizational planning share-outs. Recap and call to action.	Greg Lemke-Rochon, Chief Executive Officer Carlyn Andrew Chief Cultural Officer Rachel Schroeder Senior Director of Youth Development Services

Please note: Our team has invested hundreds of hours in planning and preparing for the Trauma Informed Intensive. We respectfully request that each person and organization commit to being actively engaged and present throughout the entire experience. Each session builds on the previous ones, scaffolding learning. Moreover, the shared experience with other organizations and the time for each organization's team to reflect, collaborate, and plan are essential to the learning process. We hope the experience helps lead your organization and the broader Boys & Girls Club Movement towards an integrated, multi-dimensional approach to being trauma-informed, not the development of trauma-informed "silos" in your organization or the movement. Thank you, in advance, for your total commitment to the experience.

Training Location:

**Boys & Girls Club of Menasha
600 Racine Street
Menasha, WI 54952**